

Havasupai Checklist

DetourOn's Complete Packing List for Your Backpacking Trip

Always keep in your hiking bag (day hiking or backpacking)

- [Trekking backpack](#)* (55-75L and make sure it fits you well!) -- OR -- 90-120L [duffel](#)* if you booked a mule
- [Day pack](#)* (20-30L and make sure it fits you well!)
- Emergency food (ie trail mix)
- 3L of water in [Nalgene](#)* bottles or [water bladder](#)
- [Water filter pump](#)* or [Lifestraw](#)*
- [Headlamp](#)* w/batteries
- Small Lighter
- [First aid kit](#)
- Trail map + Havasupai permit
- [Facemasks](#) for walking through the village
- [Sunscreen](#) in small 4oz bottle
- [Chapstick](#) w/sun protection
- [Sunglasses](#) with hard case
- [Mosquito repellent](#) in small 4oz bottle
- [Emergency rain poncho](#)
- [Hand/toe warmers](#) in all but the hottest months
- [Winter hat](#)
- [Sun hat](#)
- [Trekking poles](#)*

Camp gear

- [Hammock](#)* + tarp -- OR -- [tent](#)* + footprint + rainfly
- [Lightweight sleeping pad](#)* (up to 2lb with insulation R-value 4+)
- [Lightweight sleeping bag](#)* (up to 4lbs rated 0-20F for all but the hottest nights)
- [Backpacking stove](#)* and pot* (capable of boiling 0.5L per person) -- OR -- [Jetboil](#)* (including 100g fuel* per person)
- Biodegradable soap (if you want)
- [Rat sack](#)* (20L is sufficient for 1-2 people)
- [Camp knife](#)*
- [Spork](#)*
- [Lightweight mug](#)* (wide-mouth so you can also eat out of it)

*Items available to rent or buy from [Basecamp Outdoor Gear](#) in Las Vegas.

Disclaimer: This is in no way a complete list. It is our personal list that we're sharing with you. We only included one Amazon link per item to give you an idea. Make sure to adapt it to your needs/gender/size. Feel free to share it with others. YOU DO YOU!

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Clothing

- Bathing suit
- Lightweight quick dry towel or washcloth
- [Hiking boots](#) w/Vibram sole (break them in before the trip)
- [Water shoes](#) or closed-toed [sandals](#) (in winter, use [neoprene socks](#) and boots)
- [Hiking socks](#) (2 pairs = 1 to hike down and 1 to hike back)
- Underwear (3 pairs = 1 to hike down, 1 to hike back, 1 for emergencies ; wear your bathing suit the rest of the time)
- [Hiking pants](#) (2 pairs = 1 for the first 2 days and 1 for the last 2 days)
- [Hiking shirts](#) (2 long-sleeve sun shirts)
- Lightweight sweatshirt or [fleece jacket](#)
- Long [thermal underwear](#) top for camp and sleeping
- Long thermal underwear bottom for camp and sleeping
- [Fleece socks](#) in all but the hottest months
- [Down jacket](#) in all but the hottest months
- Down mittens in all but the hottest months

Toiletries

- Toothbrush (cut in half)
- Toothpaste (small tube)
- Floss
- Contacts + case + solution
- Glasses + case
- Small roll of toilet paper
- [Wag bag](#)
- Tampons
- Trash bags (4 x 8-gallon plastic bags = 1 for each day)
- Zip lock bags (pack your clothes and toiletries in 1g size ziplock bags and bring 2 extra ziplocks just in case)

Other

- Phone + charging cord
- Solar charger
- Download audiobooks
- Real physical book
- Deck of cards
- Cash for frybread/diner/helicopter (\$200 per person)
- Black light to look for scorpions (if you want)

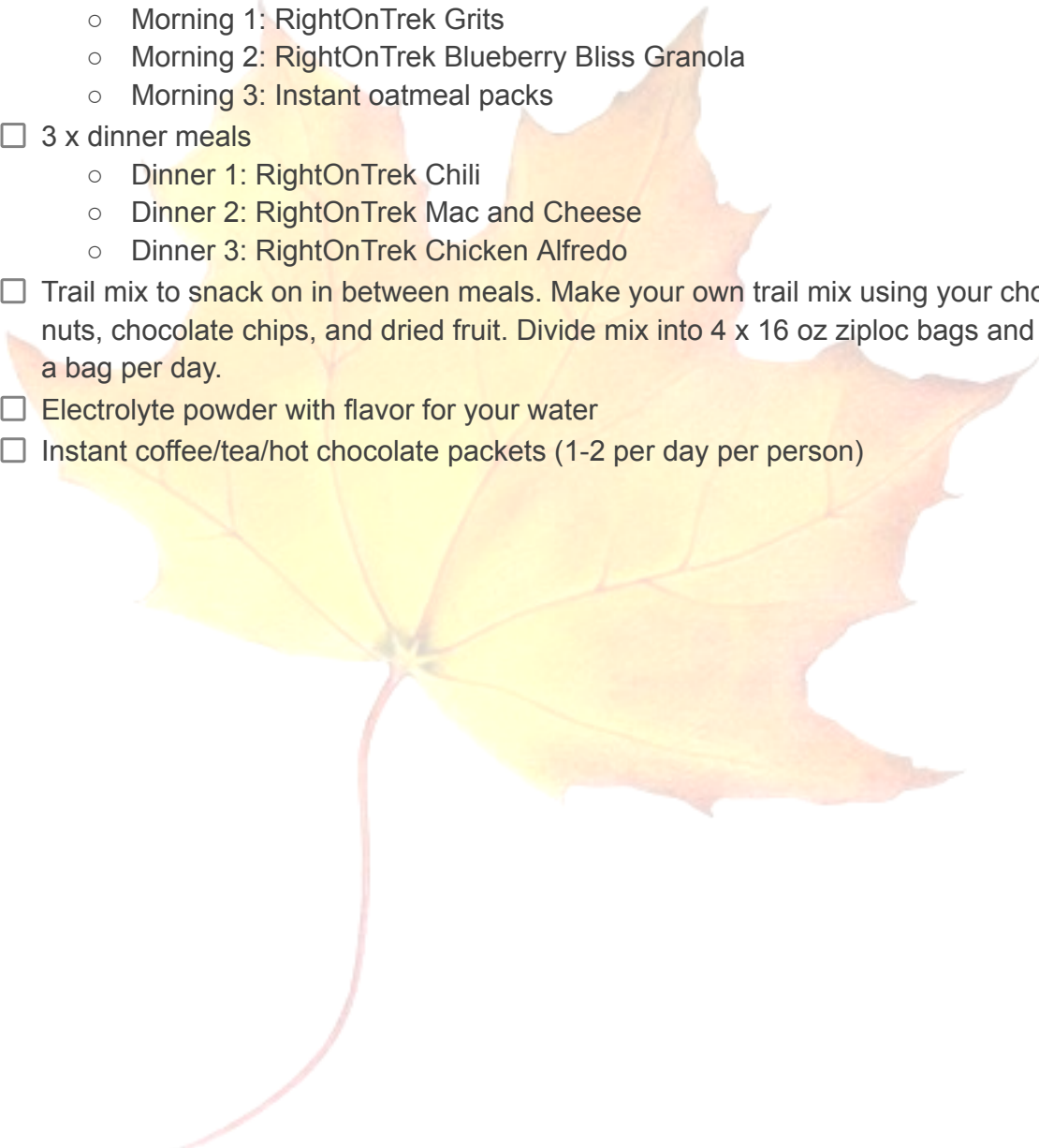
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Food

[Purchase](#) or make your own ~500 calories per serving

- 3 x breakfast meals
 - Morning 1: RightOnTrek Grits
 - Morning 2: RightOnTrek Blueberry Bliss Granola
 - Morning 3: Instant oatmeal packs
 - 3 x dinner meals
 - Dinner 1: RightOnTrek Chili
 - Dinner 2: RightOnTrek Mac and Cheese
 - Dinner 3: RightOnTrek Chicken Alfredo
 - Trail mix to snack on in between meals. Make your own trail mix using your choice of nuts, chocolate chips, and dried fruit. Divide mix into 4 x 16 oz ziploc bags and have a bag per day.
 - Electrolyte powder with flavor for your water
 - Instant coffee/tea/hot chocolate packets (1-2 per day per person)
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